This Diet Is Bananas

Worksheets and Quizzes for the "Bill Nye Saves the World^{***} Video

Differentiated Video Guides, Quizzes and

Answers



* Names and titles used for reference only — not affiliated

		Name Date	e://	_ Period	Room
BNSW -	This Die	t Is Bo	ananas	}	
	While watching	ng, complete this	video guide.		
Three things I knew that were confirmed in	A				
the video:	В				
	C				
Three things I didn't know	A				
but I now know because I watched the video.	В				
	C				
∆ 1. It is a good idea to r	never play with			·	
$_$ Δ 2. The world is trying t	o get				
∆ 3. We need food as			for our bodies sc	o we can live.	
<u> </u>	is a tool	that measures co	alories.		
∆ 5. A food calorie is a m	leasure of	ener	rqy.		
$_$ Δ 6. When people want to) get healthy and lose	weight fast, they	, might go on a		diet.
$_$ Δ 7. There isn't a lot of s	science to back up tha	t some fad diets	<u>do</u> / <u>do not</u> work	well.	
$_$ Δ 8. About three quarter	's of your <u>height</u> / <u>wei</u>	<u>ght</u> is inheritable	·.		
Δ 9. About 80% of your <u>he</u>	<u>eight</u> / <u>weight</u> is inher	itable.			
∆ 10. Sometimes you fear	of	could p	revent you from	keeping a diet.	
Δ 11. When people lose we	ight, they credit their	<u>diet</u> / <u>genes</u> .			
Δ 12. When you remove the	e	fron	n a fruit, the glyc	emic index shoo	ots way up.
∆ 13. When you begin a die	et, your body thinks yo	ou are			
Δ 14. There's no one more	motivated than an		person t	trying to lose we	zight.
Δ 15. The Paleo diet is whe	en you eat like a		·		
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Seven Page Video Guide - Paper Version



Word Bank

Version



1	INPO4		Sample	
		vi	ideo Quiz Word Be	ank
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	11.70	there a partie a liquid y	to read to increase / decrease the	a unount of heat energy
			you mad to provide / decrease to	
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	-	and she does not set of	and and	





Click HERE for a FREE SAMPLE

of the Video Guides, Worksheets and Quizzes.

Select the Version. The Questions are Identical.

Video Guide 15 questions with the same "Look and Feel"- fill in the blank or forced decision so that students can keep up with the video.

- Word Bank for suggested answers.
- Students can fill them out before viewing and then correct the information while watching the video.
- Next to the question numbers there are triangles (Δ) that teachers may fill in indicating which questions are to be answered. This accommodation will limit the requirements for younger or special needs students.

Reusable Quiz Print this on colored paper to reuse each year Next to the question numbers there are triangles (Δ) that teachers can choose indicating which questions are to be answered.

- Use as many questions as you wish 10, 12, 15.
- Ideal for 'clicker' response systems.
- Every quiz has the same "Look and Feel"
- Free Quiz answer sheet at:
 - http://www.StarMaterials.com/Documents/

Individual Quiz Next to the question numbers, there are triangles (Δ) that teachers can use indicating which questions are to be answered.

- When marking, have checkers put a "C" for correct and "X" for wrong in blanks next to the triangles (Δ) then count the "C"s for grade.
- Different classes can take different quizzes.
- Repeat or do-over quizzes can have different questions.
- Every quiz has the same "Look and Feel"
- Have students use ID Numbers only. Have them cross correct before returning the quiz to owner for names.

Answer Key The answer box lists suggested answers.

- Next to the answers are the times the material was presented in the video.
- Correct answer percentages are shown in the included table for a 10, 12, or 15 guestion guiz.
- Print the answer key on colored paper to find it quickly.
- A handy grading percentage key is provided at the top for easy grading.





Fill in the Blank Version

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Free Quiz Answer Sheet

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Now Available for *iPads* and *Devices!* Works BEST with Free <u>Acrobat Reader</u>

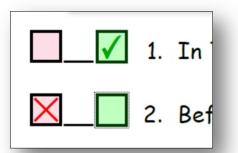


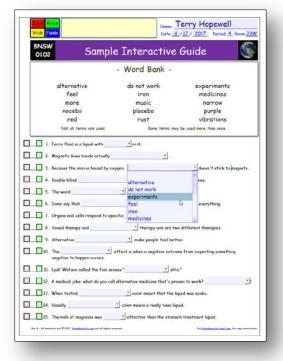
Because these documents are interactive, with drop down lists, interactive checkboxes, and form fields, we need you to try it out on your own devices.

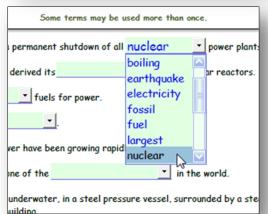
So, we are giving you a fully functional sample of a "Measurement" video guide for the episode from the "Bill Nye - The Science Guy"* series. Download it from <u>here</u> and try it on your devices.

Because there are so many different devices (iPads, Chromebooks, Kindles, etc.) with so many different software packages, we designed this document for the FREE Adobe Acrobat Reader. You may have various levels of success with your device configuration.

Try it. If you like it or want a specific video guide, email us at iPad@StarMaterials.com and we'll do our best to help.





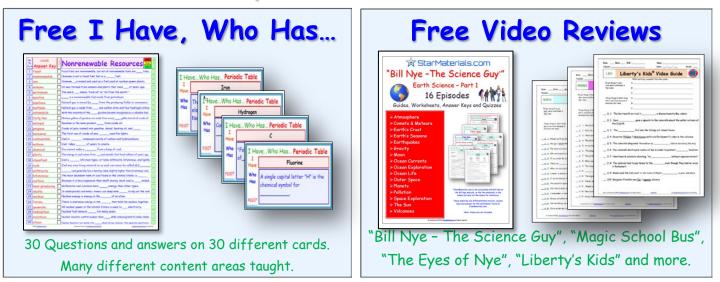


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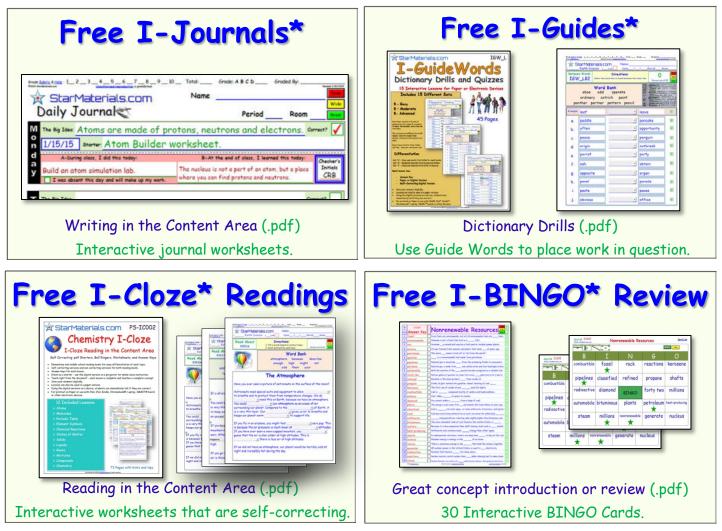
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