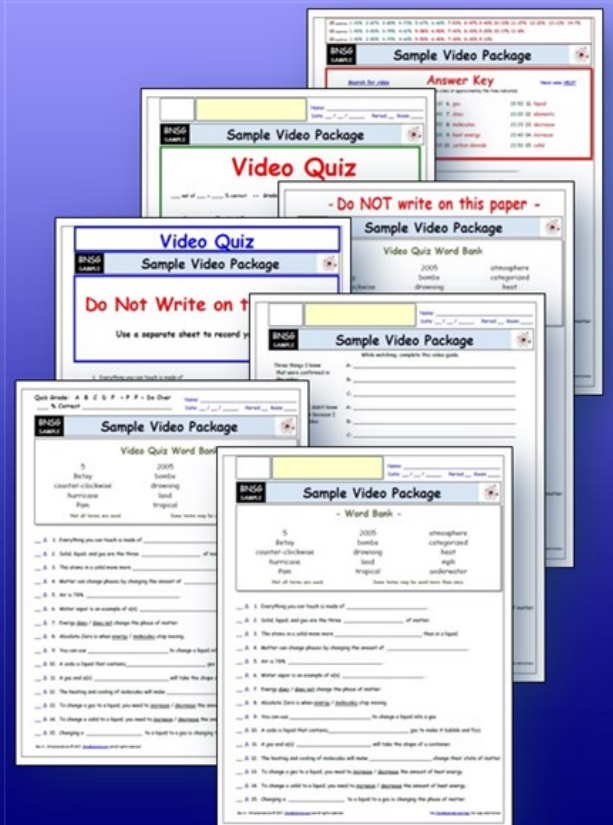
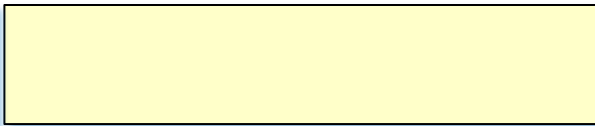


# This Diet Is Bananas

Worksheets and Quizzes for the  
"Bill Nye Saves the World" Video

*Differentiated*  
Video Guides,  
Quizzes and  
Answers





Name: \_\_\_\_\_

Date: \_\_\_ / \_\_\_ / \_\_\_    Period \_\_\_ Room \_\_\_

**BNSW  
0108**

# This Diet Is Bananas



While watching, complete this video guide.

Three things I knew  
that were confirmed in  
the video:

A- \_\_\_\_\_

B- \_\_\_\_\_

C- \_\_\_\_\_

Three things I didn't know  
but I now know because I  
watched the video.

A- \_\_\_\_\_

B- \_\_\_\_\_

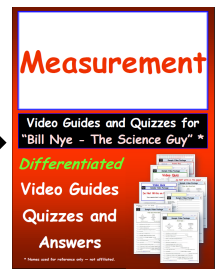
C- \_\_\_\_\_

- \_\_\_ Δ 1. It is a good idea to never play with \_\_\_\_\_ .
- \_\_\_ Δ 2. The world is trying to get \_\_\_\_\_ .
- \_\_\_ Δ 3. We need food as \_\_\_\_\_ for our bodies so we can live.
- \_\_\_ Δ 4. A \_\_\_\_\_ is a tool that measures calories.
- \_\_\_ Δ 5. A food calorie is a measure of \_\_\_\_\_ energy.
- \_\_\_ Δ 6. When people want to get healthy and lose weight fast, they might go on a \_\_\_\_\_ diet.
- \_\_\_ Δ 7. There isn't a lot of science to back up that some fad diets do / do not work well.
- \_\_\_ Δ 8. About three quarters of your height / weight is inheritable.
- \_\_\_ Δ 9. About 80% of your height / weight is inheritable.
- \_\_\_ Δ 10. Sometimes you fear of \_\_\_\_\_ could prevent you from keeping a diet.
- \_\_\_ Δ 11. When people lose weight, they credit their diet / genes .
- \_\_\_ Δ 12. When you remove the \_\_\_\_\_ from a fruit, the glycemic index shoots way up.
- \_\_\_ Δ 13. When you begin a diet, your body thinks you are \_\_\_\_\_ .
- \_\_\_ Δ 14. There's no one more motivated than an \_\_\_\_\_ person trying to lose weight.
- \_\_\_ Δ 15. The Paleo diet is when you eat like a \_\_\_\_\_ .

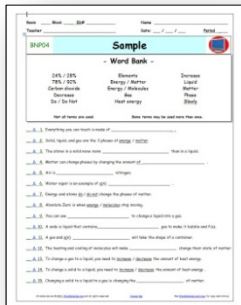
# Seven Page Video Guide - Paper Version



Click [HERE](#) for a FREE SAMPLE of the Video Guides, Worksheets and Quizzes.



## Word Bank Version



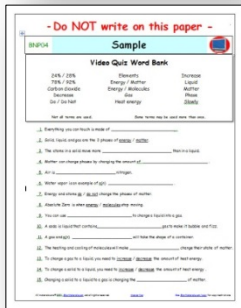
Select the Version. The Questions are Identical.

## Fill in the Blank Version



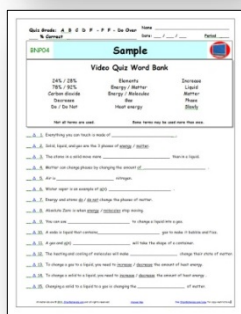
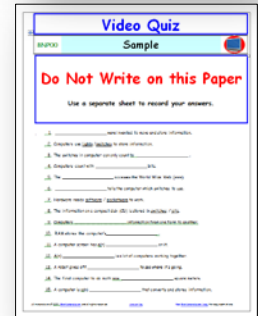
**Video Guide** 15 questions with the same "Look and Feel"- fill in the blank or forced decision so that students can keep up with the video.

- Word Bank for suggested answers.
- Students can fill them out before viewing and then correct the information while watching the video.
- Next to the question numbers there are triangles ( $\Delta$ ) that teachers may fill in indicating which questions are to be answered. This accommodation will limit the requirements for younger or special needs students.



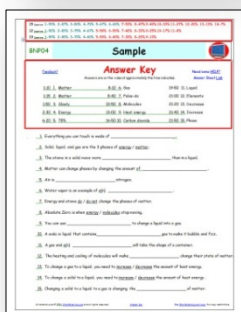
**Reusable Quiz** Print this on colored paper to reuse each year Next to the question numbers there are triangles ( $\Delta$ ) that teachers can choose indicating which questions are to be answered.

- Use as many questions as you wish 10, 12, 15.
- Ideal for 'clicker' response systems.
- Every quiz has the same "Look and Feel"
- Free Quiz answer sheet at: <http://www.StarMaterials.com/Documents/>



**Individual Quiz** Next to the question numbers, there are triangles ( $\Delta$ ) that teachers can use indicating which questions are to be answered.

- When marking, have checkers put a "C" for correct and "X" for wrong in blanks next to the triangles ( $\Delta$ ) then count the "C"s for grade.
- Different classes can take different quizzes.
- Repeat or do-over quizzes can have different questions.
- Every quiz has the same "Look and Feel"
- Have students use ID Numbers only. Have them cross correct before returning the quiz to owner for names.



**Answer Key** The answer box lists suggested answers.

- Next to the answers are the times the material was presented in the video.
- Correct answer percentages are shown in the included table for a 10, 12, or 15 question quiz.
- Print the answer key on colored paper to find it quickly.
- A handy grading percentage key is provided at the top for easy grading.

## Free Quiz Answer Sheet

# Now Available for iPads and Devices!

Works BEST with Free [Acrobat Reader](#)

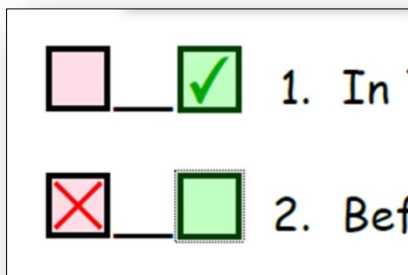
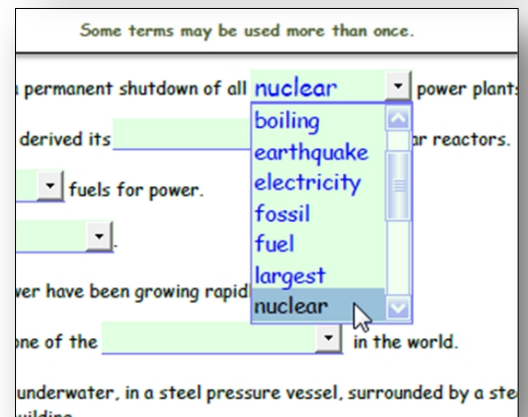
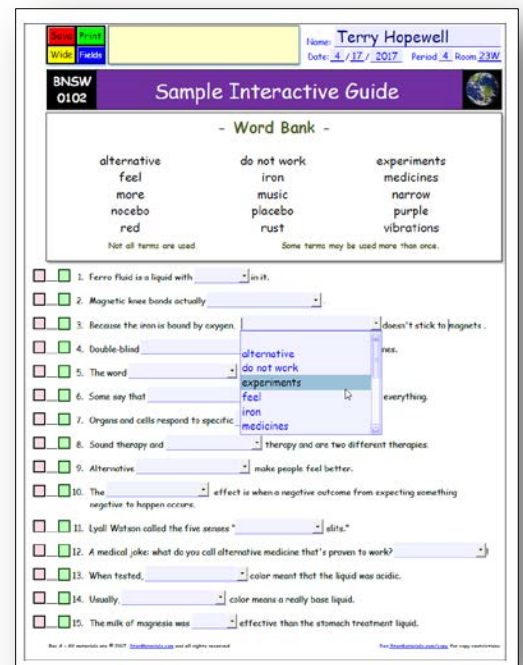


Because these documents are interactive, with **drop down lists, interactive checkboxes, and form fields**, we need you to try it out on your own devices.

So, we are giving you a fully functional sample of a "Measurement" video guide for the episode from the "Bill Nye - The Science Guy"\* series. Download it from [here](#) and try it on your devices.

Because there are so many different devices (iPads, Chromebooks, Kindles, etc.) with so many different software packages, we designed this document for the **FREE Adobe Acrobat Reader**. You may have various levels of success with your device configuration.

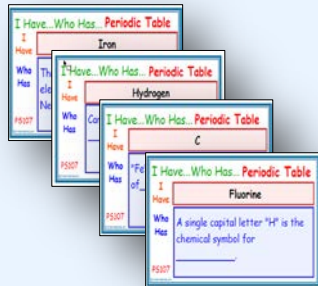
Try it. If you like it or want a specific video guide, email us at [iPad@StarMaterials.com](mailto:iPad@StarMaterials.com) and we'll do our best to help.



\*StarMaterials.com is not affiliated with Bill Nye or the videos in any way! Use of the names and titles are for ease of use and for reference only.

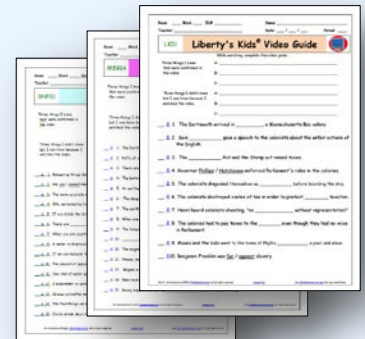
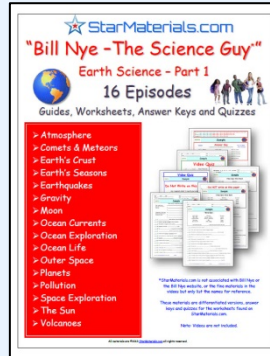
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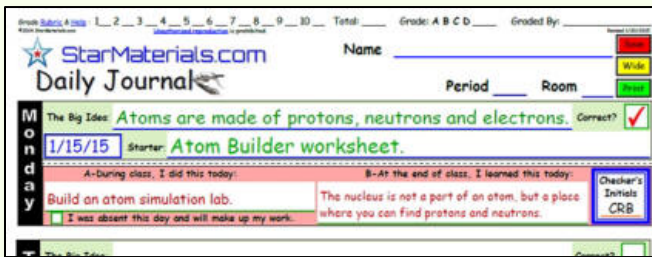
## Free Video Reviews



"Bill Nye - The Science Guy", "Magic School Bus",  
"The Eyes of Nye", "Liberty's Kids" and more.

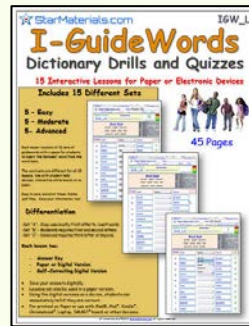
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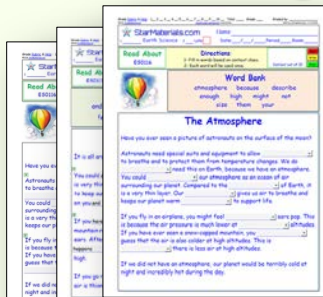
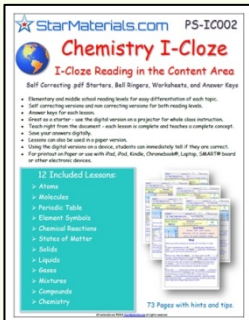
Writing in the Content Area (.pdf)  
Interactive journal worksheets.

## Free I-Guides\*



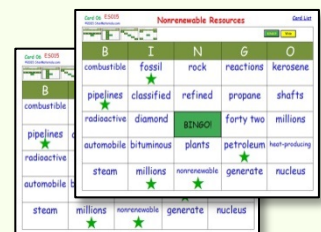
Dictionary Drills (.pdf)  
Use Guide Words to place work in question.

## Free I-Cloze\* Readings



Reading in the Content Area (.pdf)  
Interactive worksheets that are self-correcting.

## Free I-BINGO\* Review



Great concept introduction or review (.pdf)  
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